

## The Forest of Avon Trust

### - Potential Business Activity Programmes

#### Wood School

This is a successful programme providing taster sessions for young children, their parents and teachers, introducing them to trees and woodlands, through stimulating play/ activities. This has been focused on areas with low incomes and is proven to be supportive of the child's wider learning.

The Forest of Avon Trust can offer Wood School to any primary- aged children (and interested parents) in local woodlands. **A half- day session is £POA, group size 10. A full- day session, comprising two half- day sessions with different groups, is £POA. If no parents are to be present, costs will increase.**

#### Wood Wise

This comprises local woodland based activities for adults and older children, which provide an interesting, stimulating and memorable experience and are also great for team building. Activities are available individually, or can be run as a programme over time.

#### Wood Walks

A gentle guided walk to and through local woodlands, focusing on tree identification/ uses, woodland wildlife and management. It provides an excellent way to find out about the local area and interact with colleagues in a different environment. **A half- day session is £POA, group size 10 people.**

#### Bushcraft Courses

Bushcraft sessions can be highly engaging and interactive experiences where those involved can learn a wide range of hands on skills. Groups can select from a range of activities such as fire lighting techniques, wild cooking on a fire and making natural cordage from plants. The day will be challenging and great fun and will involve the group working together in new and innovative ways. **A full day session is £POA for group size up to 15 people. Half- day sessions are available, but are proportionately more expensive, as they have similar set up costs.**

#### Woodcraft Courses

Woodcraft is a traditional approach to working with freshly cut wood using age old hand and foot powered equipment. The relaxing process is mesmerising to watch and addictive to learn. The day will introduce you to a variety of skills through using a range of tools and equipment. You will have the opportunity to transform a log into a number of beautiful hand crafted products without noise, fumes or dust, including: candle sticks, dibbers, paper knives, spoons, mallets, and spinning tops. **A full day session is £POA, group size up to 15 people. Half- day sessions are available, but are proportionately more expensive, as they have similar set up costs.**

**All activities (and associated costs) can be tailored to reflect the requirements of the funder and are based at sites in and around Bristol. Transport to site is not included.**